

# CASE MANAGEMENT ASSOCIATES, INC.

Location: 44 Mechanic Street, Suite 111  
 Newton Upper Falls, MA 02464-1459  
 Telephone: 617-332-7607

E-Mail: [cmainc@casemgmtinc.com](mailto:cmainc@casemgmtinc.com)

Mail: P.O. Box 610414  
 Newton Highlands, MA 02461-0414  
 Fax: 617-332-8013

## LIFE CARE PLAN - EVALUATION FUTURE ANNUAL COSTS - APPENDIX A

Diagnosis: T-12 ASIA A Paraplegia (Date of Injury: January 09, 2002)

Prepared by: Adele M. Pollard, RN, MS, CCM  
 Date: 23 August 2004

Nursing Diagnosis Numbers: 1-22

Re: Marcia Rhodes  
 Date of Birth: 22 June 1955

DESCRIPTION	SOURCE	RATE	FREQUENCY	ANNUAL TOTAL
Orthopedic Surgeon Re-evaluation	Nicholas A. Mastroianni, M.D. Milford, Massachusetts	\$130.00	1 time per year	\$130.00
Primary Care Physician Follow-up	Donna M. Krauth, M.D. Milford, Massachusetts	\$70.00	4 times per year	\$280.00
Counseling	Jill McAnulty, LICSW Holliston, Massachusetts	\$100.00	52 times per year	\$5,200.00
Podiatrist Follow-up	Milford Podiatry Associates Milford, Massachusetts	\$55.00	6 times per year	\$330.00
Urologist Follow-up	John Smith, III, M.D. Burlington, Massachusetts	\$140.00	1 time per year	\$140.00
Wound Care Center Follow-up	Wound Care Center Attleboro, Massachusetts	\$200.00	1 time per year	\$200.00

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Prepared by: Adele M. Pollard, RN, MS, CCM  
 Date: 23 August 2004

Nursing Diagnosis Numbers: 1-17, 19, 21, 22

Re: Marcia Rhodes  
 Date of Birth: 22 June 1955

DESCRIPTION	SOURCE	RATE	FREQUENCY	ANNUAL TOTAL
Skilled Nursing Visits ongoing health maintenance/compliance assessments, periodic wound care, Foley or suprapubic tube changes and PCA supervision	VNA of Greater Milford Milford, Massachusetts	\$119.00	1 time per month	\$1,428.00
Personal Care Attendant Indicated for mitigating circumstances (i.e. age, obesity, bipolar disorder, recurring falls, fractures, UTI's and skin breakdowns) that further limits her SCI related mobility impairment	Griswald Specialty Services Quincy, Massachusetts	\$20.00 per hour	6 hours per day Monday thru Friday 5 hours per day Saturday and Sunday	\$41,720.00
Housecleaning Services	Merry Maids Framingham, Massachusetts	\$25.00 per hour	3 hours every other week	\$1,950.00
Health Fitness and Aquatics Program (with PCA attending)	Metro West Wellness and Rehabilitation Center Framingham, Massachusetts	\$350.00 every 6 months	2 times per week beginning Aug. 2004	\$700.00
Medical and Rehabilitation Case Management	Rehab & Re-Employment Roslindale, Massachusetts, or  Case Management Associates, Inc. Newton Upper Falls, Massachusetts	4 hours per month	\$75.00 per hour  \$85.00 per hour	from \$3,600.00 to \$4,080.00

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Nursing Diagnosis Numbers: 1-5, 8-11, 16

Re: Marcia Rhodes  
 Date of Birth: 22 June 1955

DESCRIPTION	SOURCE	RATE	FREQUENCY	ANNUAL TOTAL
Blood work (CBC, Lytes, LFT, BUN, Creatine)	Primary Care Physician	\$95.00	1 time per year	\$95.00
Urinalysis, Culture and Sensitivity	Primary Care Physician	\$50.00	4 times per year	\$200.00
Bone Density Test loss of weight bearing and current Osteoporosis follow-up	Milford Hospital Milford, Massachusetts	\$550.00	1 time per year	\$550.00
Orthopedic Boots Replacement to prevent heel pressure ulcers, foot drop, and reduces foot rotation	Milford Hospital Milford, Massachusetts	\$500.00 per pair	1 time per year	\$500.00
Wheelchair Gloves	Sportaid Loganville, Georgia	\$22.00 per pair	2 times per year	\$44.00
Anti-embolic Stockings knee length	Advantage Home Medical Supply Worcester, Massachusetts	\$28.00 per pair	3 pair per year	\$84.00
Thermaband	Sportaid Loganville, Georgia	\$10.00	1 time per year	\$10.00
Rainbow Reacher	Sportaid Loganville, Georgia	\$19.00	1 time per year	\$19.00

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 Date: 23 August 2004

Nursing Diagnosis Numbers: 1, 3, 5, 7-9

Re: Marcia Rhodes  
 Date of Birth: 22 June 1955

DESCRIPTION	SOURCE	RATE	FREQUENCY	ANNUAL TOTAL
UTI Home Detection Kit	Sportaid Loganville, Georgia	<del>\$13.50</del> per 6	1 time per month	\$27.00
Wound Care Supplies Grade I & II Duoderm gel and bandages, dressing supplies, saline, tape	Advantage Home Medical Supply Worcester, Massachusetts	\$75.00 to \$225.00	from 1 to 3 months annually	from \$75.00 to \$225.00
Urine Bags Cleaner	Advantage Home Medical Supply Worcester, Massachusetts	\$7.00	1 time per month	\$84.00
Bedpan	<a href="http://www.medline.com">http://www.medline.com</a>	\$2.00	2 times per year	\$4.00
Foley or Suprapubic Catheter	Advantage Home Medical Supply Worcester, Massachusetts	\$7.00	1 time per month	\$84.00
Foley Leg Bag	<a href="http://www.medline.com">http://www.medline.com</a>	\$47.00 per 12	1 time per month	\$47.00
Catheter Insertion Tray	<a href="http://www.medline.com">http://www.medline.com</a>	\$201.65 per 12	1 time per month	\$201.65
Urinary bed bag	<a href="http://www.medline.com">http://www.medline.com</a>	\$66.00 per 12	1 time per month	\$66.00
Chux Underpads	Home Care Supply, Inc. (formally Medi-Rents) Boston, Massachusetts	\$58.00 per 50	2 times per day	\$846.80

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DESCRIPTION	SOURCE	RATE	FREQUENCY	ANNUAL TOTAL
<b>PRESCRIPTION MEDICATIONS</b>				
Restoril 15mg capsules Sedative	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$2.21 per day	1 at hour of sleep	\$806.65
Valium 10mg tablets Anti-anxiety	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$8.19 per day	3 times per day	\$2,989.35
Percocet 5/325mg tablets Narcotic Analgesic	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$1.53 per tablet	as needed (approx. 1 per week)	\$79.56
Fosamax 70mg tablets Osteoporosis	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$19.22 per week	1 time per week	\$999.44
Methenamine 1gm tablets Urinary anti-infective	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$2.46 per day	2 times per day	\$897.90
Senokot 8.6mg tablets Neurogenic bowel management	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	from \$0.25 to \$0.50 per day	from 1 to 2 per day	from \$91.25 to \$182.50

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<b>PRESCRIPTION MEDICATIONS</b>				
Nystop Powder 100,000U/gm Topical Antifungal	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$4.79 per day	3 times per day	\$1,748.35
Dulcolax Suppository 10mg Laxative	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$1.48 per day	2 per day	\$540.20
Colace 100mg capsules Laxative	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$0.56 per day	2 times per day	\$204.40
Calcium Supplement 500 mg Electrolyte Replacement	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$0.14 per day	3 times per day	\$50.95
Zinc Oxide Ointment Skin Care (2 tubes per month)	MDDB-Select™ for Windows, Wolters Kluwer Health, Inc., July 2004	\$2.00 per tube	from 1 to 2 times per day	\$48.00

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DESCRIPTION	SOURCE	RATE	FREQUENCY	ANNUAL TOTAL
Non-Sterile Gloves	Advantage Home Medical Supply Worcester, Massachusetts	\$38.50 per 100	2 per day	\$281.05
Surgilube Tube	Advantage Home Medical Supply Worcester, Massachusetts	\$4.00 each	4 per year	\$16.00
Antibacterial Wipes	CVS Milford, Massachusetts	\$4.79 per box	12 boxes per year	\$57.48
Antibacterial Soap Dispenser	CVS Milford, Massachusetts	\$3.79 each	12 per year	\$45.48
Roho Cushion Cover Replacement	Express Medical Supply, Inc. Fenton, Missouri	\$35.00	1 time per year	\$35.00
24 Hour Emergency System service fee renewal	<a href="http://brinkshomealarm.com">http://brinkshomealarm.com</a>	\$420.00	1 time per year	\$420.00

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<b>TOTAL ANNUAL COSTS:</b>	<b>from \$67,656.51 to \$68,377.76</b>
<b>TOTAL COSTS:</b> (based on CDC Vital Statistics Life Table for white female calculation of 34.1 years remaining)	<b>from \$2,316,293.99 to \$2,340,888.62</b>
<b>TOTAL COSTS:</b> (based on SCI Model Systems life expectancy calculation of 24.4 years remaining)	<b>from \$1,657,406.84 to \$1,675,005.34</b>